

maart

maart

2026

| week | HW<br>vm | HW<br>nm |    |      | LW<br>vm | LW<br>nm |
|------|----------|----------|----|------|----------|----------|
| 9    | 1:23     | 13:55    | 1  | ZO   | 7:50     | 20:12    |
| 10   | 2:20     | 14:47    | 2  | MA   | 8:45     | 21:01    |
| 10   | 3:07     | 15:30    | 3  | ☺ DI | 9:31     | 21:42    |
| 10   | 3:46     | 16:08    | 4  | WO   | 10:12    | 22:20    |
| 10   | 4:21     | 16:43    | 5  | DO   | 10:50    | 22:55    |
| 10   | 4:55     | 17:16    | 6  | VR   | 11:24    | 23:29    |
| 10   | 5:28     | 17:49    | 7  | ZA   | 11:56    |          |
| 10   | 6:02     | 18:22    | 8  | ZO   | 0:01     | 12:26    |
| 11   | 6:35     | 18:55    | 9  | MA   | 0:29     | 12:53    |
| 11   | 7:09     | 19:29    | 10 | DI   | 0:57     | 13:21    |
| 11   | 7:47     | 20:11    | 11 | ☾ WO | 1:28     | 13:55    |
| 11   | 8:37     | 21:08    | 12 | DO   | 2:09     | 14:43    |
| 11   | 9:51     | 22:28    | 13 | VR   | 3:09     | 16:32    |
| 11   | 11:49    |          | 14 | ZA   | 5:22     | 18:06    |
| 11   | 0:26     | 13:03    | 15 | ZO   | 6:40     | 19:11    |
| 12   | 1:26     | 13:53    | 16 | MA   | 7:42     | 20:01    |
| 12   | 2:10     | 14:33    | 17 | DI   | 8:30     | 20:43    |
| 12   | 2:49     | 15:09    | 18 | WO   | 9:11     | 21:22    |
| 12   | 3:24     | 15:44    | 19 | ☹ DO | 9:50     | 22:00    |
| 12   | 3:58     | 16:19    | 20 | VR   | 10:29    | 22:39    |
| 12   | 4:33     | 16:55    | 21 | ZA   | 11:08    | 23:18    |
| 12   | 5:10     | 17:34    | 22 | ZO   | 11:46    | 23:57    |
| 13   | 5:50     | 18:15    | 23 | MA   |          | 12:25    |
| 13   | 6:33     | 19:02    | 24 | DI   | 0:38     | 13:05    |
| 13   | 7:22     | 19:57    | 25 | ☾ WO | 1:22     | 13:51    |
| 13   | 8:26     | 21:08    | 26 | DO   | 2:16     | 14:48    |
| 13   | 9:48     | 22:33    | 27 | VR   | 3:26     | 16:07    |
| 13   | 11:20    |          | 28 | ZA   | 4:56     | 17:46    |
| 13   | 0:01     | 13:40    | 29 | ZO   | 7:30     | 20:02    |
| 14   | 2:09     | 14:41    | 30 | MA   | 8:36     | 20:57    |
| 14   | 3:02     | 15:30    | 31 | DI   | 9:27     | 21:42    |

